

## **Heathbridge PCN FCP**

### **Introduction- What is First Contact Practitioner?**

First Contact Practitioner's (FCP) are specialised Band 6/7/8 Physiotherapists, who have had a number of years' experience working in an MSK setting. The idea of the FCP service is to offload the MSK caseload from the GP's. This means that patients get to speak to a highly experienced physiotherapist within days of contacting their GP practice about any MSK conditions. The FCP will then assess and diagnose the patient before providing self-management advice, therefore cutting onward referrals and wait times at major MSK providers such as SGH or they can refer onto the most relevant service such as Physio, Orthopaedics or Scanning. By having this early input from a physiotherapist it gives the patient the best possible chance of recovery and a smooth journey through the NHS MSK pathway.

### **Information- Who are We?**

Surrey Physio provide the FCP service in nearly all the PCN's in Croydon and Wandsworth, as well as an expanding service in Lambeth and Merton. We also are an AQP Provider in Wandsworth for MSK Physiotherapy. We pride ourselves on providing high quality and individual personalised patient centred care from an exceptional team of physiotherapists and FCP's.

### **Information- How Can You See Us?**

If you call your surgery with any MSK problem the administration team can book you straight in with a FCP, a GP can also do this if you speak to them about your MSK problem.

### **Information- Who are the Heathbridge FCP Team?**

#### **Will Bateman, Clinical Lead FCP**

Will is the Clinical Lead for FCP at Surrey Physio, overseeing the whole South London area specifically Wandsworth and Lambeth where he is also the Clinical Lead for the AQP service. He also is the Head Physiotherapist at Whitgift School treating some of South London's most promising young sportsmen, as well as treating some elite-athletes privately a caseload he has built up over the years. This includes professional footballers and potential Olympians! Will's background is mainly in elite sport working at Premiership Football and Hockey Clubs as well as working in Australia with Professional Cricket.



Outside of work, Will plays high-level cricket as well as playing golf and football, and enjoys travelling the globe whenever he can.

Will works across a number of PCN's in Wandsworth and Lambeth where he will soon be offering Joint and Soft Tissue Injections, as well as managing the team of Surrey Physio FCP's.

#### **Marta Oblazewicz, FCP**

Marta was one of Surrey Physio's first FCP's and currently operates out of PRIME PCN in Putney and Roehampton.

Marta qualified from Polish Medical University in 2008 with Masters Degree in Physiotherapy. During her career she gained diversified experience as she worked in private clinics, hospitals in London and Malta/ previous outpatients team leader at St James hospital in Sliema, where she helped in the recovery and rehabilitation of war victim's from Libya and Syria. Marta has a wide variety of physiotherapy interests from pain management, sport injuries to post surgery rehabilitation. She has supervised a number of students from all over the world and previously worked with the Maltese Olympic Committee, treating their Olympic athletes. She have been in the physiotherapy field over 10 years and she have always had a passion to help improve the lives of others.

Marta promotes 'movement for health' and recognises that every individual has different needs, goals and means of achievement. She takes a holistic approach to physiotherapy acknowledging physical, mental and social factors. Treating not only the symptoms but the source and all underlying and connecting factors to create body-mind harmony.



### **Jarryd Ferreira**

**Jarryd is a friendly and outgoing South African Portuguese Physiotherapist who's been living in London for the past 3 years. Jarryd has had experience working in both Public and Private settings in South Africa, in a Central London NHS trust (based in a rehabilitation unit and the community), and at a private musculoskeletal practice in Central London before starting as a First Contact Practitioner with Surrey Physio. Outside of work, Jarryd enjoys travelling and exploring new places with friends, reading, hiking, and taking advantage of all the quirks that London life has to offer.**

**Jarryd is currently split across three PCN's- West Wandsworth, PRIME and Nightingale. He also runs some of our AQP service out of Heathbridge in Putney, and was instrumental in setting that up quickly for our patients.**



### **Key Contacts for Surrey Physio**

**Will Bateman- Clinical Lead FCP- will.bateman@nhs.net**

Please contact Will if you have any clinical questions or feedback regarding FCP.

**Luke Woodward- Business and FCP Lead- luke.woodward@nhs.net**

Luke is the Surrey Physio Business Lead where he is instrumental in setting up new FCP services as well as being the central link between GP Practices and Surrey Physio. Please do contact Luke if you have any questions about the FCP service or feedback regarding our FCP's